



National Alliance on Mental Illness

# NAMI Putnam County



## A Brief Introduction to Suicide Prevention

Suicide can be prevented. This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide.

Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.

### Date

January 20, 2021

### Time

7:00 p.m.

### Location

Zoom presentation

by NAMI-Putnam County

### RSVP

[namiputnam@gmail.com](mailto:namiputnam@gmail.com)

Please send your name, email and phone number to receive Zoom link.

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